



BEL MARINA
HOIAN RESORT

EMBRACE
THE SUNSET

FIND
YOUR BALANCE

Sunset Ritual meditation

breathe stretch reset

Unwind with a guided meditation & gentle yoga flow as the sun sets over Hoi An
A peaceful ritual to relax your body, calm your mind, and nourish your soul



Mindful Yoga
& Meditation



Embrace
The Sunset



Detox Tea
& Refreshment

4:00 - 5:00 PM

Peacefulness
Yoga Deck

1.800.000
VND NET/ GUEST

4.300.000
VND NET/ 3 GUESTS



Please scan the QR code to book, contact our Concierge or dial "7" from your room



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YOUR WELLNESS JOURNEY

WELCOME RITUAL (5 mins)

A refreshing cup of Detox Tea served upon arrival

GENTLE BODY AWAKENING (15 mins)

Soft stretching and mindful movement to warm the body, awaken the muscles and joints, and prepare for meditation

SUNSET MEDITATION EXPERIENCE (35 mins)

Guided mindfulness meditation combining gentle breathing techniques, body awareness, and deep relaxation while embracing the peaceful riverside sunset

CLOSING RITUAL (5 mins)

A moment of gratitude and silent reflection to conclude your wellness journey.

“Reconnect with your breath as the golden light of Hoi An fades into the tranquil evening. A peaceful journey designed to restore balance, calm the mind and nourish the soul”

