



PAMPAS

Spa & Wellness

*an elevated journey
of relaxation and renewal*



Welcome to Pampas Spa & Wellness, where each treatment is a curated journey of relaxation and renewal. Inspired by nature and guided by expert touch, our therapies are designed to release tension, restore energy, and awaken a deep sense of well-being.

Allow yourself to pause, breathe, and embrace the art of self-care.

relax · heal · restore





full body indulgence

The Marina Essence

Reduce the feeling of work & travel stress, this treatment incorporates stress reducing aromas, combining Thai, Asian, Swedish & Vietnamese technique deep tissue therapy along with stretching, acupressure points & guided breathing techniques to calm & rejuvenate you.

60 mins | 789

90 mins | 950

Ember Stone Therapy

Melting away your tension and ease your muscle stiffness with a combination of smooth hot stones gliding over your body. The stones' direct heat melts away muscle tension, allowing therapists to access deeper muscle layers. You will feel deeply restored & rested.

90 mins | 950

*All prices are in ,000 VND and inclusive of 30% Special Consumption Tax and 10% VAT





Energy Healing Ritual

60 mins | 789

90 mins | 950

A natural healing art. Various movements are performed to release tension and gradually break up any knots. This method helps to promote relaxation as well as has many health benefits.

Herbal Warmth Ritual

90 mins | 950

Warm herbal bag poultices filled with ginger, mugwort and green tea, lemongrass, cinnamon transfer heat and nourishing energy to the cells, combining with work on the twelve meridians to wake up the muscle system, release toxins and rebalance.

Kid's Ritual

60 mins | 749

90 mins | 899

Using light, gentle techniques and natural oils, this method helps relax the body, calm the mind, and support healthy growth and development.

Prenatal Serenity Ritual

60 mins | 789

90 mins | 950

Helps reduce fatigue for mothers while enhancing blood circulation in the leg.



revive & restore

Foot Reflexology Renewal

Treat your feet to this treatment inspired by ancient reflexology and movement techniques, which stimulates reflex zones to alleviate aches and pain.

30 mins | 379

60 mins | 749

Back Tension Release

Focusing attention on the stress found in your back, neck & shoulders, the therapist will use a combination of techniques to release tension & stress.

30 mins | 389

60 mins | 769

Steam, Sauna, Himalayan Salt Sauna

Steam, sauna, Himalayan Salt helps eliminate toxins from the body through sweat, deeply relax both body and mind.

30 mins | 150

Highland Herbal Soak – Red Dao Tradition

The Red Dao Herbal Bath is a traditional healing made from a blend of forest herbs and medicinal plants. The warming properties of herbs help soothe tired muscles, ease joint pain, and reduce body aches.

15 mins | 120

radiance rituals

Silk Comfort Facial

Ideal for soothing and healing sensitivity. Your skin is nourished, calm with a feeling of well-being with an excellent Aloe vera mask with a soothing and softening effect.

60 mins | 789

Pure Glow Facial

Our natural facial uses only organic , rich in antioxidants, vitamins like jojoba, collagen seeds and soothing green tea.

60 mins | 789





the art of body care

Silken Salt Polish

Gently exfoliate the outer layer of dead skin, leaving your skin soft, smooth, and refreshed.

60 mins | 749

Earth Mineral Cocoon

Natural mineral mud helps smooth rough skin, reduce dryness, and improve elasticity, giving the skin a firmer and more even appearance.

60 mins | 749

Silken Coffee Glow

Coffee scrub is a natural exfoliating treatment that helps to smooth and soften the skin. Rich in antioxidants and caffeine, coffee grounds help improve skin texture and reduce the appearance of cellulite.

60 mins | 749

After Sun Serenity Wrap

Nourishes the skin with natural healing ingredients such as aloe vera or botanical extracts from green tea.

60 mins | 749





nail rituals

Essential Manicure / Pedicure

Nail trimming, shaping, cuticle grooming, nail buffing, nail varnish normal.

30 mins | 399

Silken Hand or Foot Ritual

Nail trimming, shaping, hand scrub, cuticle grooming, nail buffing, hand therapy & nail varnish.

60 mins | 749

Signature Gel Ritual

Nail trimming, shaping, cuticle grooming, nail buffing, gel color.

45 mins | 529

Signature Color Finish

Remove old polish and change new color.

15 mins | 90

Nourishing Gel Removal

Clean removal with nourishing attention.

20 mins | 99





silken hair cleanse

Relaxing Hair Ritual

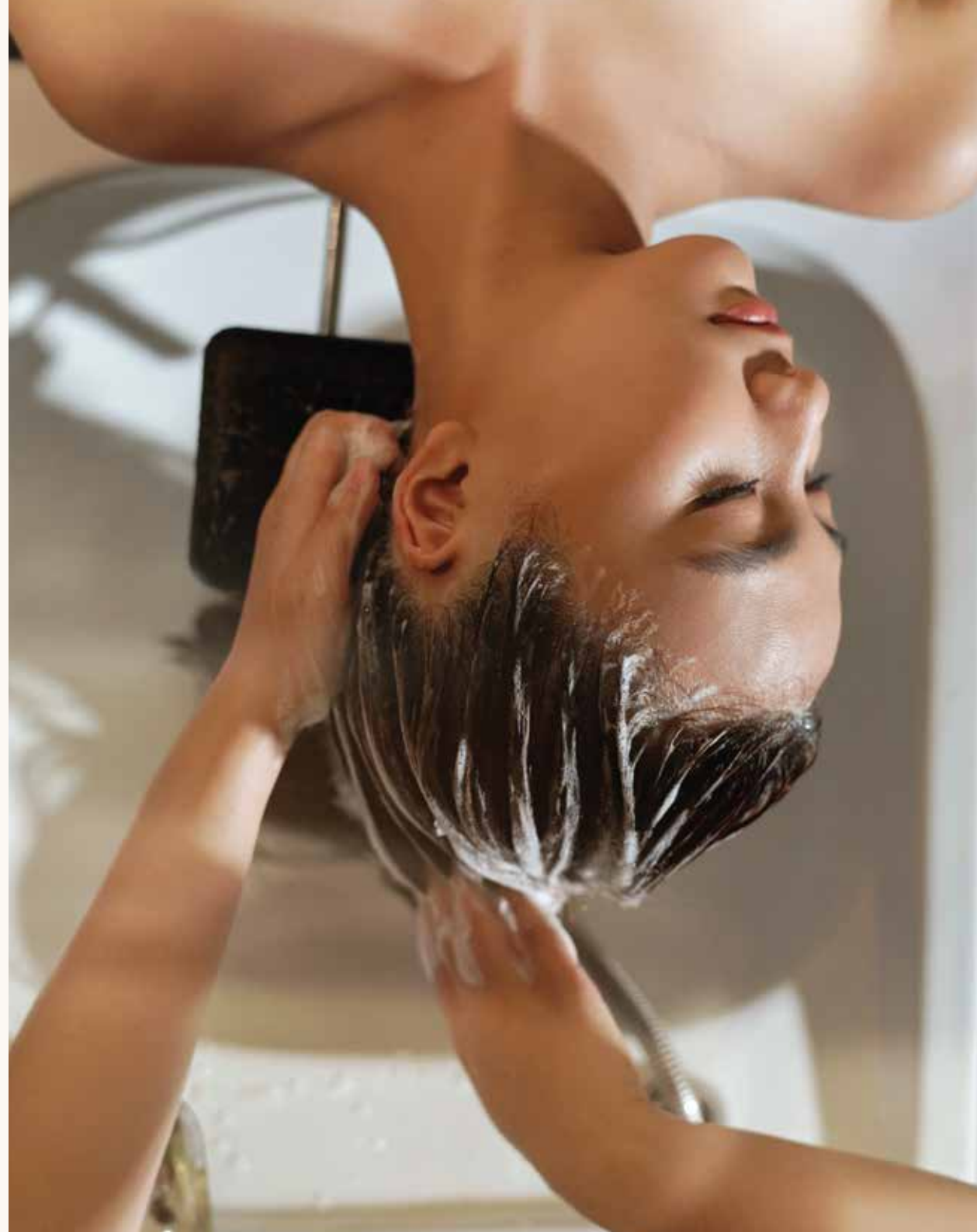
Hair wash - Blow dry.

30 mins | 349

Nourishing Hair Ritual

A soothing combination of gentle facial cleansing and a relaxing head, neck, and shoulder massage, designed to refresh hair and deeply relax the mind.

60 mins | 649





signature journeys

The Pampas Whisper Ritual

Body treatment - 90 mins
Shampoo - 30 mins
Facial treatment - 60 mins

180 mins | 1,999

Hoi An Heritage Ritual

Body treatment - 90 mins
Facial treatment - 60 mins

150 mins | 1,599

Silken Glow Ritual

Facial Therapy - 60 mins
Body scrub or Body Wrap - 60 mins

120 mins | 1,499

Two Souls, One Journey

Steam- Himalayan Salt Sauna - 15 mins
Herbal bath - 15 mins
Body Therapy - 90 mins
Body scrub - 30 mins

150 mins | 3,199

Scalp & Glow Ritual

Shampoo - 30 mins
Facial treatment - 60 mins

90 mins | 950





spa reservations

Indulge in your preferred treatments by dialing Ext.7
or visiting our Spa Reception, where our team will be delighted to assist you

opening hours

Our sanctuary is open daily from 9:00 AM to 10:00 PM

The first treatment begins at 9:00 AM,
with the final appointment available at 8:30 PM

arrival

We kindly invite you to arrive 15 minutes prior to your scheduled time,
allowing you to unwind and fully embrace the serenity of your spa journey

cancellation policy

Should your plans change, we kindly request
at least 3 hours' notice for any adjustments, subject to availability.
Cancellations or rescheduling made within 2 hours will incur a 50% charge,
while missed appointments will be charged in full



*after all the noise and motion of life,
step into a space that gently touches
the quiet corners of your soul
a place to unwind, to heal, and to restore your energy
for the journey ahead*

